

Dear UMBC Student-Athlete,

The National Collegiate Athletic Association (NCAA) has recently recommended that all student-athletes be tested for Sickle Cell Trait. During strenuous exercise, sickle-shaped red blood cells can clump together and pile up, blocking blood flow to limbs and organs. This condition can result in serious injury or death to persons with Sickle Cell Trait.

In order for UMBC to comply with the NCAA's recommendation and to help assure that your athletic experience here at UMBC is a safe one, we are now requiring that you provide notification from a physician as to the results of a sickle cell trait test. Most newborns are tested for the trait and this information may be easily available from your family physician. If not, you must obtain a test for the trait from a physician and provide the results to the UMBC Sports Medicine Staff. If you are unable to get a hold of your results, you can have the test performed at our University Health Services on campus for a minimum price. Testing positive for Sickle Cell Trait will not prevent you from participating in athletics; however, it may require us to modify your conditioning program. Please have the following form completed by a physician. If you have any further questions please contact us at 410-455-6360.

Thank You,
UMBC Sports Medicine Staff

UMBC Sports Medicine Sickle Cell Trait Test Verification Form

(This form must be completed by a physician)

Student Athlete Name _____

Date of Birth _____

Sport _____

Date _____

I verify that the above named individual has been tested for Sickle Cell Trait.

The result of this test was:

_____ Positive

_____ Negative

_____ Physician's Signature and Date

_____ Physician's Name Printed

_____ Date of Test

_____ Physician's Address

_____ Physician's Telephone Number

Return this form to:
UMBC Sports Medicine
RAC - Retriever Activities Center
1000 Hilltop Circle
Baltimore, MD 21250
Or fax to: 410-455-1191