

Returning Student-Athlete Medical Screening Checklist

UMBC Sports Medicine

Returning Student Athletes

Listed below you will find several documents that must be **completed** and **reviewed** by the Sports Medicine staff **before** you are **eligible** to return to participation in athletics at UMBC. Please read the front and back of this letter to identify all the documentation that is required as well as your scheduled screening date and time. Please read over all the forms and insure that all the necessary forms that require a signature are signed.

- A NEW completed Insurance information form
- New* Medical Update Form
- Copy of the front & back of your insurance and prescription card
- Must pass physical screen; juniors must have cardiac review by team physician.
- If asthmatic, an inhaler of your prescribed medicine
- You will also need to return a signed HIPAA form for any future medical bills that you may incur and the NCAA HIPAA form
- If you are currently taking any medications for ADHD as prescribed by your physician, you will need to visit the umbcretrievers.com/sportsmed website to obtain an additional form that must be completed by your prescribing physician. You will also need to bring the completed form with you to screening.

II. RETURNING Student-Athletes: You **DO NOT NEED A NEW PHYSICAL EXAM!** Please bring all forms on your checklist including the new medical update form! This form will replace the old screening from that you usually fill out at your return screening. Please fill it out in its entirety.

ATHLETES PLEASE TAKE NOTE: Please arrive on time and with ALL necessary documents on your checklist to screening. You will not be cleared to participate until ALL documents are received.