

Adult ADHD/ADD Student-Athletes

UMBC Sports Medicine

New legislation by the NCAA beginning August 1, 2009, involves the collection of medical records for those student-athletes diagnosed/treated for ADHD/ADD utilizing specific medication which may be banned by the NCAA.

A completed Adult ADHD Evaluation Form is required for compliance with this new legislation. ***This evaluation form is to be completed by the student-athlete's prescribing physician and can be accessed online at www.umbc retrievers.com/sportsmed.***

This document assists institutions to ensure adequate medical records are on file for student-athletes diagnosed with ADD/ADHD in order to request a “medical exception” in the event of a positive finding during NCAA drug testing.

NOTE: Student-athletes without proper documentation on file may result in loss of eligibility for 365 days from the date of the drug test.

The completed Adult ADHD Evaluation Form is to be returned to the UMBC Sports Medicine during screening. ***DO NOT MAIL OR FAX THESE DOCUMENTS.***