

# Incoming / Transfer Student-Athlete Medical Screening Checklist

## UMBC Sports Medicine

### **Incoming Student Athletes**

Listed below you will find several documents that must be **completed** and **reviewed** by the Sports Medicine staff **before** you are **eligible** to begin participation in athletics at UMBC. Please read the front and back of this letter to identify all the documentation that is required as well as your scheduled screening date and time. Please read over all the forms and insure that all the necessary forms that require a signature are signed.

- Insurance Demographic/Authorization form
- Copy of the front & back of your insurance & prescription card.
- Medical history form completed with documentation of any surgery
- Immunizations - up to date
- Physical exam form (*completed by family physician*)
- Consent agreement (*signed by guardian if under 18 yrs*)
- FERPA voluntary consent for release of records (*signed by guardian if under 18 yrs*)
- Signed HIPAA form (*for any future medical bills that you may incur*)
- NCAA HIPAA form (*signed by guardian if under 18 yrs*)
- If you are currently taking any medications for ADHD as prescribed by your physician, you will need to visit the [umbcretrievers.com/sportsmed](http://umbcretrievers.com/sportsmed) website to obtain an additional form that must be completed by your prescribing physician. You will also need to bring the completed form with you to screening.

**\*\*\*\*\* ALL COMPLETED FORMS MUST BE BROUGHT WITH YOU TO SCREENING,  
DO NOT MAIL!!!!\*\*\*\*\***

**ATHLETES PLEASE TAKE NOTE:** Please arrive on time and with ALL necessary documents on your checklist to screening. You will not be cleared to participate until ALL documents are received.

**I. INCOMING Student-Athletes:** In addition to the documents listed on your checklist, please see the additional note below regarding physical exam forms and the UMBC mandatory health form.

### **PHYSICAL EXAM**

- A. Complete the **medical history questionnaire** prior to your physical exam.
1. If you have had any significant injury requiring surgery or physical therapy, you must bring a copy of your **medical records** pertaining to that injury.
  2. If you are unable to bring your records, provide the doctor's name, address and phone number.
- B. **Schedule your physical exam with your family physician. This must be completed before your screening date at UMBC.**
1. If you have a **heart murmur**, you **may** be required to provide a written clearance for athletic participation from a cardiologist. Please call Sports Medicine Services (410)455-2123, if your doctor is

not familiar with the AHA guidelines for Cardiovascular Pre-participation Screening of Competitive Athletes or if you need a referral to a cardiologist.

**MANDATORY UMBC HEALTH FORM** must be completed, signed by a physician and received by **University Health Services** prior to moving into UMBC housing or within 8 weeks of the start of classes for commuter students. *Failure to complete form will result in a block on registration for classes or inability to move into university housing.*

**Your shots must be current to the standards below:**

1. Measles, Mumps, Rubella, (MMR – 2 dates)
2. **Tetanus** booster (within the last 5 years)
3. Documented **TB test (applies to International Students ONLY)**  
(**International students must have TB test (ppd) in US on arrival**)
4. **Meningitis vaccine** or a signed waiver declining immunization is required by Maryland State Law for students living on campus. Meningitis vaccine is recommended for all athletes.
5. **Hepatitis B** vaccination is strongly recommended for all athletes.