

RETRIEVERS LACROSSE CAMP

2010 APPLICATION

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Email: _____

Phone: _____

Date of Birth: _____ Grade Entering: _____

Position: _____

Experience: _____

Roommate requested: _____

As parent or legal guardian of the participant above, I am fully aware of and appreciate the risks, including injury and loss of life, associated in a lacrosse event and related sports activities. Retrievers Lacrosse Camp, its directors, staff, UMBC, and other associated parties shall not be held liable for any injuries or damages occurred while attending Retrievers Lacrosse Camp. I hereby give my consent to provide medical attention, transportation, and emergency services to the participant above, as they deem necessary.

Parent's Signature: _____

Insurance Company: _____

Insurance Policy #: _____

Please complete application and return along with \$200 non-refundable deposit to:

UMBC Men's Lacrosse
1000 Hilltop Circle
Baltimore, MD 21250

Checks Should Be Made Out To:

Retrievers Lacrosse Camp

UMBC MEN'S LACROSSE 2010 SCHEDULE

FEBRUARY

20th Delaware 1:00pm

27th @ Rutgers 3:00pm

MARCH

6th North Carolina 12:00pm(tv)

9th @ Johns Hopkins 7:00pm(tv)

13th @ Princeton 1:00pm

20th Maryland 12:00pm(tv)

APRIL

3rd Stony Brook 1:00pm

6th @ Towson 7:30pm

10th @ Binghamton 7:00pm

17th Albany 1:00pm

24th @ Vermont 12:00pm

MAY

1st Hartford 12:00pm(tv)

5th AE Semi-Finals TBD

8th AE Finals TBD

15-16th NCAA 1st Round TBD

22-23rd NCAA Quarterfinals TBD

29th NCAA Semi-Finals TBD

31st NCAA Finals TBD

UMBC RETRIEVERS LACROSSE

CAMP

Directed by
UMBC Head Coach
Don Zimmerman



June 21st - 24th

Ages 7-17

UMBC Stadium

Don Zimmerman

UMBC Head Coach

Don Zimmerman will enter his 24th season as a collegiate head lacrosse coach and his 17th as the Head Lacrosse Coach at UMBC.

Widely recognized as one of this nation's premier teachers of the sport of lacrosse, Coach Zimmerman has piloted UMBC to four consecutive NCAA Division I tournament appearances, a feat accomplished for the first time in the school's 28-year Division I lacrosse history. In 2009, the Retrievers posted a 12-4 record and won their third America East title in four years. The previous season, UMBC set a new school record with 11 straight wins before a tough 10-9 loss at second-seeded Virginia in the first round of the championships. UMBC climbed to a school record ranking of No. 5 by the USILA in mid-April and was ranked No. 6 in the final poll.

Coach Zimmerman was named America East Conference Coach of the Year by his colleagues in both 2008 and 2009. The Retriever mentor was the 2008 Coach of the Year in *LaxPower* men's lacrosse Fan Awards.

Prior to his current stint at UMBC, Coach Zimmerman was the Head Coach at Johns Hopkins University where he led them to 3 National Championships in 1984, 1985, and 1987.

Camp Objectives

Campers will be divided by age and experience so that instruction can be personalized at all levels and geared towards improving all facets of the game! Under the direction of our expert staff, campers will gain an appreciation of the game and improve their individual skills. Each camper will learn from the best coaches and players in the game and receive the individual attention that will allow him to develop as a lacrosse player.

ATTACK: Learn offensive tactics such as dodging, footwork, feeding, shooting and setting up your defender!

MIDFIELD: Learn how to become a great two-way midfielder! Learn to be a physical dodger, see the field and distribute the ball, and be an accurate shooter on the run with both hands!

DEFENSE: Learn the footwork and positioning to be an effective 1 on 1 defender. Learn how to communicate and work to be a team defender. Learn how to slide effectively and to handle your stick in the clearing game!

GOALIE: Learn goalie techniques inside the crease to improve your chance for success. Learn to be an effective keeper outside the cage, improving your outlets and clearing the ball with accuracy!

Philosophy

The Retrievers Lacrosse Camp is designed to make each camper a better lacrosse player. The focus will be on continuing to develop each camper's fundamental skills while also introducing new skills and concepts that are taught within our program.

Camp Information

Cost: \$500 (resident) and \$400 (commuter)

Check-in: June 21st, 10-12pm; Check-out: June 24th, 12pm

The Retriever Lacrosse Camp will consist of 9 on field teaching sessions. The emphasis on each teaching session will be on the fundamentals of the game. All meals will be provided at the UMBC Dining Hall facility beginning with lunch on the first day of camp and ending with breakfast on the last day of camp. All resident campers will be hosted in air-conditioned dorms that will be supervised by the camp staff as well as the UMBC Residential Life Staff.

Facilities

On field sessions will be held at the UMBC Stadium complex which consists of 1 Sportex Monemum Playing surface and 3 state-of-the-art natural grass fields. All dorms are air-conditioned providing maximum comfort in between sessions. All campers will have access to the newly renovated, all-you-can-eat UMBC Dining Hall, Indoor and Outdoor Swimming pool, and Varsity Weight Room.

Equipment

Campers must provide ALL of their own lacrosse equipment for each session of camp. Helmet, stick, gloves, shoulder pads, arm pads, and mouth piece will be required for every session. No exceptions will be made. All campers will need to bring both cleats and sneakers.

Transportation

Baltimore-Washington International Airport is a 10 minute drive to the UMBC campus. The Retriever Lacrosse Camp will offer round trip shuttle service for \$20. Campers will be met by a staff member at the baggage claim area and will then be transported to the UMBC campus. Flights should be booked to arrive between 9-11am on June 21st and depart between 12-4pm on June 24th.

Daily Schedule

7:30am: Wake-up

7:45am: Breakfast

8:30am: Meet on field

9-11am: Morning Session

Noon: Lunch

12:30pm: Free Time

1:45: Meet on Field

2-4pm: Afternoon Session

5:00pm: Dinner

6:15pm: Meet on Field

6:30-8:30pm: Evening Session

9:00pm: Free Time

10:30pm: Lights Out

Coaching Staff

Pat Tracy

UMBC Assistant Coach

Pat Tracy is in his 3rd year as assistant coach and defensive coordinator at UMBC. The Retrievers ended the 2009 campaign ranked 14th in the country in total defense. Prior to his current position at UMBC, Tracy was an assistant coach at Dartmouth College and Goucher College.

In college, Tracy was a four-year starter on attack, spending his first two years (1999-2000) at Ohio State University, before completing his bachelor's degree in history at Goucher (2003-04). He was an All Capital Athletic Conference attackman for the Go-phers and finished in the top ten in scoring in the country in 2004. He was a prep standout at the St. Paul's (Md.) School, earning All Metro honors in 1998, when he broke the single-season goal record at the school.

Andy Gallagher

UMBC Assistant Coach

Andy Gallagher, who earned All-America honors at UMBC as an attackman, is in his 1st year as assistant coach at UMBC. During his career, Gallagher recorded 98 goals and 146 points and is currently ranked 11th on UMBC's all-time scoring list. He earned America East First Team honors as a sophomore midfielder in 2005 and second team recognition at attack in 2007.

Prior to his current stint as an assistant coach at UMBC, Gallagher served as the Director of Student Activities and assistant boys' lacrosse coach at his alma mater, DeMatha Catholic High School.

HOW TO SIGN UP:

Space will be limited and the camp will sell out, so enroll now! Complete this registration form and send it in along with a \$200 **non-refundable** deposit. A confirmation email will be sent to you upon the receipt of your application and deposit. Refunds (less the \$200 deposit) for the balance of camp will be issued in the event of a personal or medical emergency with proper documentation.

Camp Contact Information:

Andy Gallagher, Asst. Coach

Email: agalla3@umbc.edu

Phone: 410-455-1326

