

## Practice Times

### Indoor Season (November–April)

Monday  
5:00-6:15 am

Tuesday/Thursday  
6:00-7:30 am  
8:00-9:30 pm

Sunday  
8:00-10:00 am

### Outdoor Season (May–October)

Monday  
5:00-6:15 am

Tuesday/Thursday  
6:00-7:30 am  
8:00-9:30 pm

Saturday  
8:00-10:00 am

#### **HEAD COACH:**

Sean McGuinn  
ssmcguinn@hotmail.com  
(410)422-7434

#### **OUR POOL:**

UMBC Retriever Aquatics Ctr  
1000 Hilltop Circle  
Baltimore, MD 21250

# MARYLAND MASTERS AT UMBC

[www.marylandmasters.com](http://www.marylandmasters.com)

We are a USMS program designed to help swimmers improve fitness and train for specific goals. We offer active support for a healthy lifestyle through friendship, and camaraderie. Our team includes members of all ages and skill levels.

#### Team Fees

- Annual UMBC Membership Fee \$680 - may be paid quarterly
- Maryland Masters Dues \$30 - once a year administrative fee
- USMS Fee \$40 - single payment covers team insurance, subscription to USMS Swimmer Magazine and free entry into the LMSC Swim Series

#### Calendar of Events

- Carol Chidester Memorial Swim Series 2007-2008:  
Oct 13, Nov 10, Dec 1, Jan 12 or 19, Feb 9, Mar 29
- 31st Annual Maryland Masters Winter Meet: Mar 1-2, 2008
- Winter Party - End of the Year Awards Banquet - Meet-nic (Dates TBD)

#### **Interested swimmers should contact:**

Keith Harries, Team President, at [harries@umbc.edu](mailto:harries@umbc.edu)  
Sean McGuinn, Head Coach, at [ssmcguinn@hotmail.com](mailto:ssmcguinn@hotmail.com)

